

San Joaquin Delta College

5151 Pacific Ave

Stockton, CA

209 954 5836 Office or 209 954 5846 Patty

****Please call to reserve your seat**

Resource Parent Support Group

Want to be a part of a support group with other Resource Parents? A safe place to view your concerns and get assistance from other parents. Each sessions has a variation of different topics relating to being a Resource Parent.

Come join us!

When? Jan 14th, Feb 11th, & March 10th

Where? Holt 310

When? 6:30 to 8:30 PM

Facilitator? Crystal Rider

****Each class fulfills two hours of continuing education hours.**

CPR and First Aid

\$40 Per participant

Your opportunity to get certified or update
Your CPR and First Aid

When? Tues Jan 14th (8to 11 AM), Sat Feb 8th
(8 to 11 AM), and Sat March 14th (12-3 PM)

Sat March 14th (8 to 11 AM) **Spanish**

Where? Budd 407

Healing Generations Trough Sacred Parenting

Guest speaker from Fathers and Families invites you to take part in their interactive parenting course. Raising children with P.R.I.D.E is a multicultural based parenting program, that convenes and assists all types of parents who play a parental role to be positive influences and role models to our children.

When? Saturday Jan 25th

Where? Holt 313

Session 1 "Who I am" and Session 2 "Giving our Word"

Time? 8 to 11 AM

Session 3 "Creating Another Me" and Session 4 "Reviewing and Putting it to Action."

Time? 12 to 3 PM

Session 5 "Accepting my Reflection" and Session 6 "Exploring the World"

Time? 3 to 5 PM

****Your opportunity to complete all 8 hours of Continuing Education hours in ONE day. Or take individual classes to fulfil hour requirements.**

Using positive Discipline

Get pointers on how to use positive discipline with your children.

When? January 21, 2020

Where? Holt 310

Time? 6 to 9 PM

**This class fulfills 3 hours of Continuing Education

Car Seat & Medication Safety

Public Health Services of San Joaquin will offer a class on car seat safety and medication poisoning.

When? January 23rd

Where? Holt 313

Time? 6 to 9 PM

Autism Awareness and Advocacy

This class will give you an overview of Autism and strategies for effective communication with your Autistic child.

The class will also give you pointers on how to advocate for your Autistic child.

When? Feb 18th and Feb 20th

Where? Holt 312

Time? 6 to 9 PM

**When you complete both classes, you'll receive a certificate for 6 hours of Continuing Education hours.

Off Road Parenting: Soluciones practicas para conductas dificiles

Ya sea que este criando hijos adoptivos, adoptados o de nacimiento, este enfoque de crianza de los hijos le brindara las herramientas y tecnicas para ayudar a cambiar el comportamiento indeseable de un niño. Descubra como se puede cambiar el comportamiento disruptivo, independientemente de la edad de un niño. Se proporcionan consejos sobre como experimentar la cooperacion en su hogar para ayudar a disfrutar de ser padre.

Cuando? 22 de febrero 2020

Hora? 8 a 11 AM Y 12 to 3 PM

Donde? Holt 313

Grupo de Apoya Con Us Companeros

Cuando? 22 de febrero

Donde? Holt 313

LGBT Awareness

LGBT youth experience unique challenges and needs as they navigate through embracing their sexuality and/or gender identity. Learn how to support your youth, gain important insights, skills, meet PRIDE Center leadership, and learn about our own local LGBT history.

When? Thursday March 19th

Time? 6 to 9 PM

Where? Budd 310

**This class offered live via our Facebook page (Delta College FKCE)

The Lisa Project

The Child Abuse Prevention Council of San Joaquin County and Delta college will be opening up The Lisa Project to our families. The Lisa Project is an interactive walk thru exhibit about child abuse and child abuse prevention. You'll have the opportunity to experience the exhibit and then review information on trauma and child abuse.

When? Saturday February 29th, 2020

Where? Child Abuse Prevention Council of San Joaquin County

540 N California St, Stockton, CA

Time? 8 AM to 12 PM

Trauma Informed Care for Resource Families

This class will help discuss the effects of trauma and neglect with children. You'll learn tips and techniques on how to

Better parent trauma exposed children.

When? Saturday February 29th, 2020

Where? Delta College, 5151 Pacific Ave

Holt 312

Time? 1 PM to 5 PM

**Your opportunity to complete all 8 hours of Continuing Education in ONE day. Or you may take individual classes to fulfill our requirements.

Golden Valley Mental Health Presentation

Golden Valley is a public health outreach group that will be here on campus giving Resource Families information and resources on several topics.

Saturday March 21th

Holt 313

8 to 11 AM

The first session will address having positive behavior health, how to deal with stress, dealing with domestic violence, and substance abuse.

12 to 3 PM

The second session will deal with the effects of chronic disease and behavior health, positive parenting skills, healthy communications, and pointer on how our complete family units can better deal with stress.

3 to 5 PM

This session will discuss suicide prevention and bullying

**Your opportunity to complete all 8 hours of Continuing Education hours in ONE day. Or you may take individual classes to fulfill hour requirements.